

ORANGEVILLE GIRLS HOCKEY ASSOCIATION 2020/2021 SEASON

## 2020/2021 SEASON CHANGES

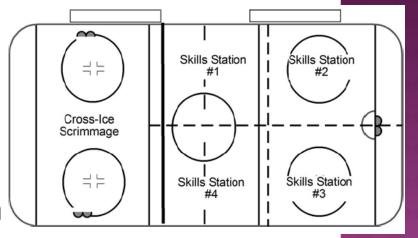
- New Names for Streams
  - Community (Formerly House League)
  - Development (Formerly Rep)
- New Names for Divisions
  - FUNdamentals (Formerly Tyke4/5): 2015/2016 Birth Years
  - U7 (Formerly Tyke6): 2014 Birth Year
    - Cross-Ice
  - U8 (Formerly Tyke7): 2013 Birth Year
    - Half-Ice
  - U9 (Formerly Novice8): 2012 Birth Year
    - Begin with Half-Ice
    - Transition to Full-Ice after January 15/2021

## 2020/2021 SEASON CHANGES

- New Names for Divisions Continued...
  - **U11** (Formerly Atom): 2010/2011 Birth Years
    - Major Season Structural Changes (discussed later)
  - **U13** (Formerly Peewee): 2008/2009 Birth Years
  - **U15** (Formerly Bantam): 2006/2007 Birth Year
  - U18/21 (Formerly Midget/Intermediate): 2000+ Birth

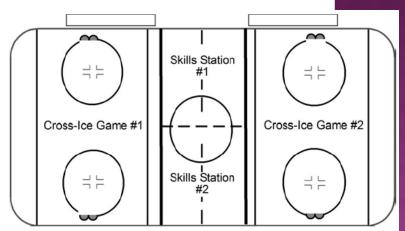
### WHAT DOES FUNDAMENTALS LOOK LIKE?

- 2015/2016 Birth Years
- Saturdays: 1hr per week
  - Currently 11am, Alder RED
  - 26 week Development Season
  - Technical skills to begin with
  - CROSS-ICE games increase throughout
  - 5:1 ratio of Players to Coaches/Assistants
  - March Madness Jamboree (end of March 2021)
- Actively recruiting coaches!
  - Certification required (NCCP Coach-1 Intro)



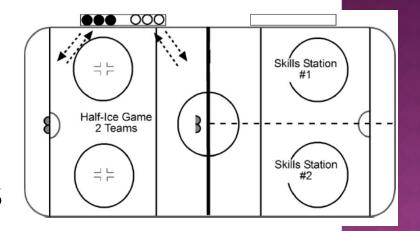
## WHAT DOES U7 LOOK LIKE?

- 2014 Birth Year
- Saturdays: 1hr per week
  - Currently 12noon, Alder RED
- 10+ weekday practices
  - Currently alternating Tuesdays
  - Station-based technical skills
  - CROSS-ICE games increase throughout
    - Travel to Brampton once a month
  - Small nets, Blue pucks, No goalies
  - Certification required (NCCP Coach-1 Intro)
  - March Madness Jamboree (end of March 2021)



## WHAT DOES US LOOK LIKE?

- 2013 Birth Year
- Saturdays: 1hr per week
  - 1pm, Alder RED
- Up to 10 weekday practices
  - Station-based technical skills
  - HALF-ICE games increase throughout
    - Travel to Caledon once every 6 weeks
  - Medium nets (4.5' wide X 3' tall), Blue Pucks, Rotating goalies (no permanent positions)
  - Certification required (NCCP Coach-1 Intro)
  - March Madness Jamboree (end of March 2021)



## WHAT DOES U9 LOOK LIKE?

- 2012 Birth Year
- Saturday/Sunday Games; Wednesday Practices
  - Station-based technical skills
  - HALF-ICE games to begin season
  - FULL-ICE games after January 15/2021
    - Travel to Caledon and Brampton
  - Regulation Nets and Pucks
  - Rotating goalies (no permanent positions)
  - Coaches on the ice for half-ice; referees later
  - Certification required (NCCP Coach-1 Intro)
  - Sweetheart Tournament (end of January 2021)

## WHAT DOES U11 LOOK LIKE?

- 2010/2011 Birth Years
- Saturday/Sunday Games; Wednesday Practices
- Sweetheart Tournament (end of January 2021)
- Major Seasonal Structure Changes
  - 3 Phases: Development, Regular Season, Playoff
  - OWHA Guidelines: subject to a range of minor differences (see next slide)
  - Tryout Changes!
    - No tryouts March through August
    - No tryouts the first week of school following Labour Day
    - Must offer min of 4 practices/skill sessions before tryouts
    - Must have 3 tryout sessions

# OWHA SEASONAL STRUCTURE

IDEAL HOCKEY SEASON: Refers to an optimal seasonal structure – this is a guideline and is subject to a range of minor differences regarding suggested numbers.

PREP / TRYOUT PHASE: Refers to the period of time prior to the season starting typically when prep camps and / or tryouts are held.

**DEVELOPMENT PHASE:** Refers to the period of time following tryouts or evaluation prior to the regular season starting.

REGULAR SEASON PHASE: Refers to the period of time from first regular season game to the start of playoffs or Provincial

PLAYOFF PHASE: Refers to the period of time from the end of the regular season through to the end of Playoffs.

OFF SEASON: Refers to the period of time from the end of the playoff season to the start of the next Prep or Tryout season.

### **COMMUNITY** (recreational)

### **DEVELOPMENTAL** (competitive)

#### DEVELOPMENT PHASE

2 8 4 WEEKS PRACTICES

### **REGULAR SEASON** PHASE

22 22 16

#### **PLAYOFFS**

Playoff Tournaments Mar 15-30 End of season Mar 31

TOURNAMENTS 3 tournaments 12 games

WEEKS PRACTICES

4

### REGULAR SEASON PHASE

24 20 44

### **PLAYOFFS**

Playoff Tournaments Mar 15-30 End of season Mar 31

#### TOURNAMENTS

4 tournaments 16 games

TOTAL PRACTICES: 25 - 30 | TOTAL GAMES: 25 - 35

#### REQUIREMENTS:

- No tryouts from April through August. Tryouts begin the Tuesday following Labour Day
- Must provide minimum of 4 skates before formal Tryouts. Tryouts must be a minimum of 3 sessions (skill session, small area game session, formal game).
- Tournament style playoffs, no elimination style

#### CONSIDERATIONS:

- Full time goaltenders Goalie not playing in games plays out
- Rotate all players through all positions no early specialization
- Small area games in practice
- Skill/Station based practices

### REQUIREMENTS:

- No tryouts from April through August. Tryouts begin the Tuesday following Labour Day.
- Must provide minimum of 4 skates before formal Tryouts. Tryouts must be a minimum of 3 sessions (skill session, small area game session, formal game l

DEVELOPMENT

PHASE

12

2

- Tournament style playoffs, no elimination style

#### CONSIDERATIONS:

TOTAL PRACTICES: 45 - 55 | TOTAL GAMES: 35 - 45

- -Full time goaltenders Goalie not playing in games plays out
- Rotate all players through all positions no early specialization
- Small area games in practice
- Skill/Station based practices.

### FURTHER U11 NOTES

- Season should allow for 2 seasonal breaks
  - Not including Christmas / long weekends
- Recommended max of 45 games per year
  - Including tournaments and playoffs
- Fair and equal ice time
  - Goalies rotate through the season
- Limit position specific specialization
  - Except goalies
  - Rotate players through all positions

### WHAT DOES U13 TO U21 LOOK LIKE?

### Community

- Saturday/Sunday Games; Wednesday Practices
- Travel Loop: Brampton, Caledon, Vaughan
- BCOV League

### Development

- Games scheduled by Lower Lakes loop
- Tuesday/Thursday practices
- Sweetheart Tournament (end of January 2021)

## PLAYING IN A HIGHER DIVISION

- Community (Formerly HL)
- Centres establish criteria allowing players to play on a higher division team
- OGHA Community Criteria:
  - Request Made
    - Online Registration in the Comments Box
  - Participate in Birth Year Grading (Initial Ice)
  - Invited to Participate in Higher Division Grading
    - If deemed by ability during grading, AND/OR
    - Where registration numbers allow/require

# QUESTIONS?

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